

**June**

**Senior Center Gazette**

**2003**

**WILD THINGS!**

**June Birthday Party**  
**Friday, June 13, 1:30 p.m.**

Come to see your favorite wild animals and some you have never seen! **Wild Things!** Come to the June Birthday with their wonderful animals and stories of the wild. Cake, ice cream, and coffee will be served in the dining room after the show. Prizes will be awarded in a drawing of the names of seniors present that have birthdays in June. Prizes have been donated by Kathy's Floral Design in the Walnut Plaza, Retirement Inn, Cookies by Design, Rose's Mortuary, and the Builder's Fund, which also provides the entertainment.

**Father's Day**  
**Celebration Lunch**  
**Monday, June 16**  
**12 Noon - \$5.00**  
**Fathers are free as space allows.**

Calling all fathers to celebrate your day! Monday, June 16 at noon, lunch will be served free to fathers as space allows. Tickets will be available to Senior Center Members on Monday, June 2 and Tuesday, June 3, and everyone else on Wednesday, June 4. Ticket costs are free to fathers and \$5 for all others. Father's Day lunch tickets have been donated in memory of Suby Sankoff by Tina M. Sankoff. We are grateful for this chance to honor the wonderful fathers who come to the Senior Center.

**Gardening Club Meeting**  
**Friday, June 6, 2:00 p.m.,**  
**Speaker: Pat Kite, Newspaper & TV Gardener, "Carnivorous Plants".**  
Newark's own Pat Kite will present "Carnivorous Plants" and answer your gardening questions.

**COMMUNITY SERVICES**

<b>SENIOR SERVICES.....</b>	<b>574-2050</b>
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins.....	574-2082
Tri-City Elder Coalition.....	574-2064
<b>LIFE ELDERCARE.....</b>	<b>574-2090</b>
Caregivers Support.....	574-2035
Home Services Registry.....	574-2095
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
<b>TRANSPORTATION ASSISTANCE</b>	
AC Transit Information*.....	511
City of Fremont Paratransit Program.....	574-2053
East Bay Paratransit Program.....	1-800-555-8085
<b>HOUSING ASSISTANCE(OFFICE OF NEIGHBORHOODS).....</b>	<b>494-4500</b>
<b>LEGAL ASSISTANCE FOR SENIORS.....</b>	<b>1-800-393-0363</b>
<b>SOCIAL SECURITY.....</b>	<b>1-800-SSA-1213</b>
<b>MEDICARE.....</b>	<b>1-800-952-8627</b>
<b>MEDICARE &amp; INSURANCE COUNSELING(HICAP).....</b>	<b>839-0393</b>
<b>TRI-CITY HEALTH CLINIC.....</b>	<b>713-6685</b>
<b>SENIOR LIBRARY SERVICES.....</b>	<b>745-1499 or 745-1491</b>
<b>SENIOR PEER COUNSELING.....</b>	<b>574-2063</b>
<b>ALZHEIMER ASSOCIATION HOTLINE.....</b>	<b>1-800-660-1993</b>

\*511 is a new toll-free voice activated phone service. Call 511 for information on AC Transit BART, road conditions and trip planning.

**June Speakers**  
**Tuesday, June 10, 1:00 p.m.,**  
**Stephen Laird, "Senior Services**  
**Available Through Aging & Family**  
**Services, City of Fremont"**  
The Senior Center is just one part of Aging and Family Services. Explore the variety of options available to you and other seniors in our community from our services.

**Tuesday, June 24, 1:00 p.m.**  
**Janet Wilks,**  
**"How to Prevent Senior Fraud"**  
Janet Wilkes is member of the Senior Fraud Fighter Bureau, a program of Elder Abuse Prevention. She will be giving tips on how to recognize the different frauds being used on seniors and how to help to be alert for fraud schemes.

**Gardening Club Meeting**  
**Friday, June 27, 12 noon,**  
**Potluck in George Malone's garden,**  
41531 Fordham Court, on the last Friday in June instead of our regularly scheduled meeting on the 4<sup>th</sup> of July, which is a holiday.

**Sumptuous Summer**  
**Supper Shows - 6:00 p.m.**  
Join us for **Sumptuous Summer Super Shows**, and help raise funds to support the Fremont Senior Center. Three Suppers by Chef Riley, Special Shows, Drawings & Prizes,  
**Thursday, June 19**  
**Vegas Show with Tom Patrick,**  
**Thursday, July 24**  
**Opera Night & Italian Cuisine,**  
**Thursday, August 14**  
**Barbecue & a Mystery Night.**  
Ticket costs are:  
Individuals - \$15 per evening,  
Couples - \$25 per evening,  
Sumptuous Series - buy all three!  
Member Individuals - \$40  
Member Couples - \$70

**Washington On Wheels**  
**Healthcare Clinic - WOW Van**  
**June 6 - 9:30 a.m. - 3:00 p.m.**  
Washington Hospital will visit to introduce you to their new van, their new staff, and the services they hope to offer: taking blood pressure, other vital signs, and comments and suggestions.



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.